

Shelburne Recreation Committee Meeting Minutes for October 14, 2022

Present: Diana Hardina, Mary Lou Gallup, Norman Beebe, and Cowell Director Bill Buck

1---- Approve meeting minutes for September.

2---- Pickleball

- 12 people were at the first demo, the next demo is on Sunday October 16th at 11 AM.
- Advertising is finally set.
- No regular play dates at this time but the goal is to set some once they get enough requests.
- Currently fine to be outside but at some point, we'll need to identify times they can have on a regular basis indoors.

3---- Cowell Youth Basketball Program

- Diana shares her list of Coaching Expectations for the program that we asked her to put together. This document is copied on the last page of these minutes.
- We want the Cowell Youth Basketball Program to continue to be a drop-in program open to all with an emphasis on building skills through fun activities, and where all age groups use appropriate sized balls and grades K-3 use the lower hoops.
- Fred Redeker is looking to possibly be the point person for the 3rd and 6th graders but we want to confirm that he is on board with the goals and expectations of our program. To that end Bill and Diana will set up a meeting with Fred at the Cowell. Mary Lou and Norman may also join the meeting. Assuming Fred is the right person to oversee the program, we will set up a schedule to be finalized at our next meeting

4---- Mohawk Trail Woodland Partnership grant/How to proceed on the softball field.

- No real consensus on how to proceed – we do develop a list of landscaping companies we could contact. In addition to Countryscape, there's Connolly Services in Greenfield, Canepari's Landscaping of Shelburne, and Dick Hillman from Ashfield.

5---- Cowell director report

- The burned-out lights in the gym have been replaced!
- The senior walk group has reached out to Bill and plans to return to the gym.
- Volleyball will return in November.

6---- Choose date for next meeting

- We decide going forward we will meet the second Wednesday of the month at 6:30.

Basketball Program Coaching Expectations

Our goal is to engage young players by teaching them the game of basketball with the hope of having a fun introductory experience to the basics of the game and the goal to create lifetime players of basketball.

There will be 4 groups,
K-1, 2-3. 4-6

Coaches will be given a comprehensive list of games, activities, drills that are designed for children learning skills.

The package will contain skills for dribbling, shooting and a variety of age appropriate games.

It starts with 10 minutes of Warm-up drills, followed by Technical skills (30-40 minutes) like dribbling, passing shooting. Lastly there are Scrimmage and Tactic activities to carry the last 10 -15 minutes.

Coaches. : Ideally there will be at least 2/3 per group and will share the hour time slot equally by picking 2-3 activities from the package given. Each coach will direct at least 2 activities. As favorite activities are identified they can be repeated.

Coaches shall maintain contact with myself and each other through email prior to each session with an overview sketch of the session and how the responsibilities will be divided.

Coaches will attach the appropriate level basketball net for each group before each session.

Younger groups will also have a hula hoop to hang from basket to just practice the idea of shooting.

Coaches should not allow anyone on the gym floor that is not part of that age group.

Coaches will cancel their session using the Shelburne Recreation And Cowell Gymnasium Facebook page. If school is cancelled, that is a good indication that the session should also be cancelled.

The age group of 4-6 grade players should allow 25 minutes of scrimmage time in a traditional basketball game. Players are not allowed to steal the ball. time saving). Younger grade players will play the different games as described in the handouts.

Coaches should make sure that the balls are available and appropriate sizes for the little hands. No player should be using an adult size ball.

This is not a drop off activity and we expect parents to either stay with their child or appoint a supervisor for them.